

中国儿童保健杂志

ZHONGGUO ERTONG BAOJIAN ZAZHI

月刊 1993年3月创刊 第34卷 第10期(总第292期) 2026年10月10日出版

主管

中华人民共和国教育部

100816,北京市西单大木仓胡同37号

主办

西安交通大学

710049,陕西省西安市咸宁西路28号

中华预防医学会

100062,北京市东城区广渠门内大街47号

楼雍贵中心A座8层

编辑、出版

中国儿童保健杂志编辑部

710004 西安市新城区皇城西路30号

(西安交通大学第二附属医院)

电话:(029)87679391

传真:(029)87276092

网址:cjchc.xjtu.edu.cn

E-mail:zgetbjzz@126.com

主编

杨玉凤

副主编

马军

江帆

罗小平

杨琳

静进

郭锡熔

编辑部主任

雷晓梅

印刷

陕西隆昌印刷有限公司

西安市鄠邑区吕公路东段西安西户科技

企业加速器E区8号楼

发行

国内:中国邮政集团有限公司

陕西省报刊发行局

国外:中国国际图书贸易集团有限公司

100048,北京车公庄西路35号

邮发代号

国内邮发代号 52-180

海外发行代号 M4826

广告发布登记号

6101004002011

定价

国内定价:每期30元,全年360元

中国标准连续出版物号

ISSN 1008-6579

CN 61-1346/R

版权归属

西安交通大学

目次

专家共识

儿童疾病后健康管理专家共识

…… 中华预防医学会儿童保健分会,广东省医师协会儿科

医师分会,广东省医学会儿科学分会儿童保健学组(1057)

专家笔谈

生命早期心血管危险因素与成年期心血管疾病风险

…… 汪洋,牟建军(1063)

将慢性病防控关口前移至生命早期

…… 杨凡,毛萌(1069)

前沿速递

Genes & Diseases | ADAM10介导的N-cadherin加工异常:

孤独症社交沟通障碍的又一机制线索

…… 陈立(1073)

Pediatric Diabetes | 儿童肥胖中胰岛素抵抗的潜在蛋白质

与脂质标志物:一项蛋白质组学与脂质组学整合分析

…… 尹春燕(1074)

慢性病的生命早期预防

学龄儿童尿邻苯二甲酸酯代谢物与新发超重肥胖、血压偏高

及其共病的纵向关联

…… 鲁震霆,陈力,梁景宏,等(1075)

妊娠期糖尿病患者孕前体质量指数和孕期增重对0~12月龄

婴儿生长轨迹的影响

…… 许赞陟,黄涛,葛宝金(1081)

18~72月龄正常儿童视动性眼球震颤反应视力分布及发育

特征

…… 黄丹,王立华,陈欣华,等(1087)

身体活动水平与6~9岁儿童骨矿含量及骨密度的关联

…… 张天宏,罗洁玲,陈菊,等(1093)

多元数字化食育干预对学龄前儿童及家长营养知识和饮食

行为的影响

…… 朱思逸,胡燕,刘雅静,等(1099)

柔性扁平足儿童的下肢生物力学变化

..... 徐欢岚,李明娣,张何威,等(1105)

不同分型青少年特发性脊柱侧弯患者足底压力分布及其相关影响因素

..... 姚燕丽,王辉,郭海滨,等(1111)

不同类型足月小于胎龄儿 0~24 月龄生长轨迹的回顾性纵向研究

..... 陈甘讷,蔡雅伦,陈舒,等(1116)

学龄儿童家庭食物环境潜在类别及其与体重状况的关联

..... 黄宥霖,朱子怡,徐韵雯,等(1122)

健康促进

性别与体育锻炼对青少年睡眠质量的交互作用

..... 郑立娟,戴利,路娟娟,等(1128)

《2026 澳大利亚和新西兰临床免疫与过敏学会“预防食物过敏的婴儿喂养指南”》解读

..... 王运胜,张晨美,杨子浩,等(1134)

24 小时活动行为最佳组合方式对中小学生肥胖影响的研究

..... 赵世鹏(1139)

银川市中学生运动恐惧、运动自我效能感与体重状况的关联

..... 殷鼎,纳冬侠,杜鹏英,等(1146)

荟萃分析

鱼油脂肪乳与大豆油脂肪乳对早产儿及极低出生体重儿神经发育影响的 Meta 分析

..... 王越,李相成,宋美娟,等(1151)

综 述

儿童生长标准的应用现状和研究进展

..... 张震宇,张婷,李紫云,等(1158)

儿童高尿酸血症与代谢综合征的关联机制及治疗进展

..... 刘佩佩,董国庆,陆喜燕,等(1164)

儿童青少年 24 小时活动行为与超重肥胖的关联及其协同效应及影响因素

..... 郑冠凡,蒿莹莹,黄婷婷,等(1168)

信 息

2026 年每期主题内容.....(目二) 本期审稿专家名单.....(目四) 声明.....(1110) 广告.....(插二,封底)

执行总编辑 杨玉凤

责任编辑 王悦

英文编辑 王悦

2026 年每期主题内容

第一期:运动与儿童体重管理

第二期:儿童早期发展

第三期:孤独症谱系障碍多角度研究

第四期:营养/喂养与过敏性疾病

第五期:特殊儿童的养育照护

第六期:注意缺陷多动障碍研究新视角

第七期:环境因素与儿童健康

第八期:人工智能在儿童康复中的应用

第九期:儿童心理健康问题及干预

第十期:慢性病的生命早期预防

第十一期:出生缺陷的三级预防与治疗

第十二期:阅读障碍干预新理念

《中国儿童保健杂志》编辑部

CHINESE JOURNAL OF CHILD HEALTH CARE

Monthly Founded in March, 1993 Volume 34 Number 10 Oct. 10, 2026

Responsible Institution

Ministry of Education People's
Republic of China
37[#] Damucang Hutong, Xicheng District,
Beijing 100816

Sponsored by

Xi'an Jiaotong University
28 Xianning West Road, Xi'an, Shaanxi 710049
Chinese Preventive Medicine Association
8th Floor, Yonggui Center A Building, No. 47
Guangqumennei Street, Dongcheng District, Beijing
100062, P. R. China

Edited & Published by

Editorial Board of Chinese Journal of Child
Health Care
30, Huangchengxilu, Xi'an, Shaanxi, China
P. C: 710004
(The Second Affiliated Hospital of Xi'an Jiaotong
University)
Tel: (86-29) 87679391 87276092
Fax: (86-29) 87276092
Website: cjchc.xjtu.edu.cn
E-mail: zgetbjzz@126.com

Editor-in-Chief

YANG Yufeng

Associate Editors-in-Chief

MA Jun JIANG Fan LUO Xiaoping
YANG Lin JING Jin GUO Xirong

Managing Director

LEI Xiaomei

Printed by

Shaanxi Longchang Printing Co., Ltd.
Building 8, Zone E, Xihu Sci-Tech Business Incu-
bation, Eastern Section of Lyugong Road, Huyi
District, Xi'an (710300)

Domestic Subscription

China Post Group Corporation, Shaanxi
Post Office

Overseas Subscription

China International Book Trading
Corporation
35, Western Chegongzhuang Road, Beijing
100048
Code No. M4826

Advertisement Management License Number

6101004002011

Price

30.00 yuan per issue

360.00 yuan per year

CSSN

ISSN 1008-6579

CN 61-1346/R

Copyright Owner

Xi'an Jiaotong University

CONTENTS

Expert Consensus

Expert consensus on post-illness health management in
children

..... *Child Healthcare Branch, Chinese Preventive Medicine
Association; Pediatricians Branch, Guangdong Medical Doctor
Association; Child Healthcare Group, Pediatrics Branch,
Guangdong Medical Association* (1057)

Professional Forum

Early-life cardiovascular risk factors and cardiovascular
disease risk in adulthood

..... *WANG Yang, MU Jianjun* (1063)

Moving chronic disease prevention and control upstream
to early life

..... *YANG Fan, MAO Meng* (1069)

Frontier Express

Genes & Diseases | Dysregulated prefrontal ADAM10/
N-cadherin signaling is associated with autism-related
synaptic and social deficits

..... *CHEN Li* (1073)

Pediatric Diabetes | Integration of proteomic and lipidomic
analysis reveals potential markers of insulin resistance
in young children with obesity

..... *YIN Chunyan* (1074)

Early-life Prevention of Chronic Disease

Longitudinal associations of urinary phthalate metabolites
with incident overweight/obesity, elevated blood
pressure, and their comorbidity in school-aged children

..... *LU Zhenting, CHEN Li, LIANG Jinghong, et al* (1075)

Effects of pre-pregnancy body mass index and gestational
weight gain on growth trajectories of infants aged 0 to
12 months born to mothers with gestational diabetes
mellitus

..... *XU Yunzhi, HUANG Tao, GE Baojin* (1081)

Age-related distribution and developmental characteristics of
optokinetic nystagmus-based visual acuity in normal
children aged 18 - 72 months

..... *HUANG Dan, WANG Lihua, CHEN Xinhua, et al* (1087)

Association of physical activity levels with bone mineral content and bone mineral density among children aged 6 - 9 years
..... ZHANG Tianhong , LUO Jieling , CHEN Ju , et al(1093)

Effects of multicomponent digital food and nutrition education intervention on nutritional knowledge and dietary behaviors of preschool children
..... ZHU Siyi , HU Yan , LIU Yajing , et al(1099)

Changes in lower-extremity biomechanics in children with flexible flatfoot
..... XU Huanlan , LI Mingdi , ZHANG Hewei , et al(1105)

Plantar pressure distribution and related factors in adolescents with different subtypes of idiopathic scoliosis
..... YAO Yanli , WANG Hui , GUO Haibin , et al(1111)

Retrospective longitudinal study on growth trajectories from birth to 24 months in different subtypes of term small-for-gestational-age infants
..... CHEN Ganme , CAI Yalun , CHEN Shu , et al(1116)

Latent profile analysis of family food environment types and their associations with weight status in school-aged children
..... HUANG Youlin , ZHU Ziyi , XU Yunwen , et al(1122)

Health Promotion

Interaction between sex and daily physical exercise duration in relation to sleep quality among adolescents
..... ZHENG Lijuan , DAI Li , LU Juanjuan , et al(1128)

Interpretation of infant feeding for food allergy prevention guideline released by Australasian Society of Clinical Immunology and Allergy in 2026
..... WANG Yunsheng , ZHANG Chenmei , YANG Zihao , et al(1134)

Effects of optimal combinations of 24-hour movement behaviors on obesity among primary and secondary school students
..... ZHAO Shipeng (1139)

Associations of kinesiphobia and exercise self-efficacy with weight status among middle school students in Yinchuan, China
..... YIN Ding , NA Dongxia , DU Pengying , et al(1146)

Meta-Analysis

Meta-analysis on the effects of fish oil-based versus soybean oil-based lipid emulsions on neuro-development in preterm and very low birth weight infants
..... WANG Yue , LI Xiangcheng , SONG Meijuan , et al(1151)

Review

Application and research progress of child growth standards
..... ZHANG Zhenyu , ZHANG Ting , LI Ziyun , et al(1158)

Mechanisms linking hyperuricemia and metabolic syndrome in children and advances in treatment
..... LIU Peipei , DONG Guoqing , LU Xiyun , et al(1164)

Associations of 24-hour movement behaviors with overweight and obesity and their synergistic effects and influencing factors among children and adolescents
..... ZHENG Guanfan , HAO Yingying , HUANG Tingting , et al(1168)

Executive Editor in Chief YANG Yufeng Responsible Editor WANG Yue English Editor WANG Yue

本期审稿专家名单
(按姓氏笔画)

主 编： 杨玉凤

执行副主编： 郭锡熔

审 稿 专 家： 王 鸥 吕智海 朱冰泉 朱雪萍 刘 峥 李 燕 杨 凡
 吴婕翎 汪 军 张 萱 尚 磊 周永海 宗心南 夏志伟
 曹牧青